

**Baldy View Regional Occupational Program
Emergency Medical Technician**

Table of Contents

INDEX

Skills Performance Guidelines.....	i
Skills Participation.....	ii
Skills Check List.....	iii
Vital Signs: Skills Practice Sheet.....	iv
Missing / Damaged Equipment Form.....	v
American Heart Association – CPR Healthcare Provider Skills Evaluation Sheet.....	vi
Course Completion – Final Skills Testing.....	vii

SKILL SHEETS

**FOREIGN BODY AIRWAY OBSTRUCTION (FBAO) /
CARDIOPULMONARY RESUSCITATION (CPR)**

CPR Critical Skills Testing Checklists.....	1-2
Adult/Child 1-Rescuer CPR Student Practice Check Sheet for Remediation.....	3
Adult 2-Rescuer CPR With AED Student Practice Check Sheet for Remediation.....	4
Infant 1- and 2-Rescuer CPR Student Practice Check Sheet for Remediation.....	5
American Heart Association Guidelines for Adult, Child, & Infant CPR Procedures.....	6
American Heart Association Guidelines for Adult, Child, & Infant FBAO Procedures.....	7

SAFETY

Body substance Isolation / Universal Precautions.....	8
---	---

AIRWAY MANAGEMENT

Oropharyngeal (OP) Airway.....	9
Nasopharyngeal (NP) Airway.....	10
Suction Technique - Rigid Catheter.....	11
Suction Technique - French (Soft) Catheter.....	12
Suction Technique – V-Vac.....	13
Oxygen Administration Equipment.....	14
Mouth-to-Mask Ventilation.....	15
Bag-Valve-Mask Ventilation.....	16
Ventilation with an EOA in Place.....	17
Ventilation with an Endotracheal Tube in Place.....	18
Combi-Tube Administration.....	19-20
Ventilation of a Patient with a Cervical Spine Injury.....	21

AUTOMATED EXTERNAL DEFIBRILLATOR (AED)

Cardiac Arrest Management.....	22-23
--------------------------------	-------

**Baldy View Regional Occupational Program
Emergency Medical Technician**

Table of Contents

PATIENT ASSESSMENT

Patient Assessment – Medical.....	24-25
Patient Assessment – Trauma.....	26-27
Vital Signs.....	28-29
Vital Signs – Temperature	30-32
Vital Signs – Orthostatic.....	33
Pupillary Assessment.....	34
Auscultation of Lung Sounds.....	35
Neurological Exam.....	36
Cardiac Monitor Electrode Placement.....	37

BLEEDING CONTROL

Treatment of an Arterial Bleed.....	38
-------------------------------------	----

IMMOBILIZATION TECHNIQUES

Sling and Swathe Application.....	39
Immobilization - Mid-Shaft Humerus to Hand.....	40
Immobilization - Knee and Lower Leg Injuries.....	41
Immobilization - Joint Injury.....	42
Immobilization – Vacuum Splints (Extremities).....	43
Open Fracture of an Extremity.....	44
Immobilization of Pelvic Fractures.....	45
Immobilizing a Dislocated or Fractured Hip.....	46
Cervical Collar Application.....	47
Spinal Immobilization - Long Backboard.....	48
Spinal Immobilization – Standing Position.....	49
Spinal Immobilization - Helmet Removal.....	50
Traction Splint Application - Hare Traction.....	51
Traction Splint Application - Sager Splint.....	52-53
Kendrick Extrication Device (KED).....	54-55
Application of Restraints.....	56
Treatment of an Impaled Object.....	57
Penetrating Eye Injuries.....	58

SOFT TISSUE INJURIES

Treatment of an Avulsion Injury.....	59
Treatment of an Amputation Injury.....	60
Treatment of a Sucking Chest Wound.....	61
Management of an Abdominal Evisceration.....	62

PATIENT POSITIONING / MOVING PATIENTS

Description of Patient Positioning.....	63
Shock Treatment.....	64
Moving Patients: Two-Person Lift (GS).....	65
Moving Patients: Using a Sheet.....	66

**Baldy View Regional Occupational Program
Emergency Medical Technician**

Table of Contents

EMERGENCY CHILDBIRTH	
Emergency Childbirth.....	67-68
INTRAVENOUS PREPARATION / MONITORING	
Preparing / Monitoring Intravenous (IV) Lines.....	69-70
CONSTRICTING BAND APPLICATION	
Application of a Constricting Band.....	71
ORAL GLUCOSE ADMINISTRATION	
Administration of Oral Glucose.....	72
EXPANDED SCOPE MEDICATIONS	
Epinephrine Auto-Injector.....	73
Nitroglycerine.....	74
Bronchodilator - Inhaler.....	75
Bronchodilator – Nebulized Treatment.....	76
Activated Charcoal.....	77
BROSELOW TAPE	
Description of the Components of the Broselow Tape.....	78
COOLING MEASURES	
Method to Cool Hyperthermic Patients.....	79
TRIAGE PROCEDURE	
Triage Tag.....	80-83
DOCUMENTATION	
Familiarization of the Components of a Patient Care Report (PCR).....	84-86