

# Baldy View Regional Occupational Program

## Emergency Medical Technician –1

### Skills Check List

Student's Name: \_\_\_\_\_ Class Hour: \_\_\_\_\_

Skills	Date Completed	Instructor's Initials
Body Substance Isolation / Universal Precautions		
Patient Positioning: Fowlers, Semi-Fowlers, Supine, Prone, Shock)		
Oropharyngeal Airway		
Nasopharyngeal Airway		
Suction (Soft / rigid / manual vs. powered)		
Mouth-to-Mask Ventilation (Pocket Mask)		
Oxygen Administration Equipment (oxygen bottle, cannula, mask, HHN, etc.)		
Ventilation via Bag-Valve-Mask Device		
Ventilation with ET Tube via Bag-Valve-Mask		
Administration of the Combi-Tube		
Obstructed Airway - Adult / Child / Infant		
One-Rescuer CPR - Adult / Child / Infant		
Two-Rescuer CPR - Adult / Child / Infant		
Automated External Defibrillator (AED) – Cardiac Arrest Management		
Vital Signs (Pulse, Respirations, Blood Pressure, Skins, Pupils )		
Orthostatic Vital Signs		
Auscultation of Lung Sounds (chest / back)		
Patient Assessment – Medical		
Patient Assessment – Trauma		
Application and procedures pertaining to restraints (soft / hard)		
Verbalize Signs and Symptoms of a Patient in Shock / Shock Treatment		
Bleeding Control / Tourniquet		
Sucking Chest Wound		
Abdominal Evisceration		
Splinting : Cardboard Splints		
Splinting : Vacuum Splints		
Impaled Object Stabilization		
Sling and Swathe Application		
Kendrick Extrication Device (KED)		
Traction Splint - Hare Traction Splint		
Traction Splint – Sager Splint		
Spinal Immobilization		
Spinal Immobilization – Standing Position		
Helmet Removal		
Emergency Childbirth		
Preparing / Monitoring Intravenous (IV) Lines		
Moving Patients: Gurney / Stair Chair		
Moving Patients: Two-Person Lift (GS) / Using a Sheet		
Administration of Oral Glucose		
Expanded Scope Medications (Epi-Pen, NTG, Albuterol, Activated Charcoal)		
Broselow Tape		
Triage Tag / Triage Procedure (RPM)		
Application of the Pulse Oximeter		
Documentation		
Cardiac Monitor Electrode Placement (12-Lead)		

**\*\*\* This skills sheet MUST be completed prior to the skills final exam \*\*\***