

**SPINAL IMMOBILIZATION – HELMET REMOVAL**

Student Name \_\_\_\_\_ Date \_\_\_\_\_

	Points Possible	Points Earned
<b>EXAMINATION STEPS AND PROCEDURES</b>		
Takes or verbalizes body substance isolation precautions	1	
<b>Preparation:</b>		
Directs assistant to take position at head and maintain axial immobilization	1	
Cut or loosen straps while assistant maintains head in neutral position	1	
<b>Reassess Neurovascular Status:</b>		
Re-check distal pulse, motor function, sensation, and capillary refill (PMSC)	1	
<b>Removal:</b>		
Maintain axial immobilization by: <ul style="list-style-type: none"> <li>• cupping mandible with thumb and index finger of one hand and hold occipital ridge with one hand, or</li> <li>• placing hands on each side of patient’s head under helmet</li> </ul>	1	
If helmet provides full facial coverage, nose will impede removal	1	
To clear nose, helmet must be tilted backward to raise over it	1	
Instruct assistant to maintain head in neutral position throughout the removal process	1	
After helmet is removed, replace hands on both sides with palms over ears	1	
The neutral head position is maintained until axial immobilization is complete	1	
<b>Reassess Neurovascular Status:</b>		
Re-check distal pulse, motor function, sensation, and capillary refill (PMSC)	1	
<b>TOTAL</b>	<b>11</b>	

*Minimum Points: 8*

**CRITICAL CRITERIA**

- \_\_\_\_\_ Did not take or verbalize body substance isolation precautions
- \_\_\_\_\_ Did not maintain cervical immobilization throughout procedure
- \_\_\_\_\_ Excessive movement to injured patient
- \_\_\_\_\_ Did not assess and reassess distal PMSC when immobilizing extremity

\_\_\_\_\_ PASS \_\_\_\_\_ FAIL

Instructor \_\_\_\_\_