

**EMERGENCY CHILDBIRTH**

Student Name \_\_\_\_\_

Date \_\_\_\_\_

	Points Possible	Points Earned
<b>EXAMINATION STEPS AND PROCEDURES</b>		
Takes or verbalizes body substance isolation precautions	1	
<b>Obtain patient's medical history:</b>		
Determine if delivery is imminent:		
a) When is your baby due?	1	
b) How many times have you been pregnant?	1	
c) How many babies (vaginal births) have you had?	1	
d) When did the contractions begin?	1	
e) How far apart are the contractions?	1	
f) How long are each of the contractions lasting?	1	
g) Are you under a doctors care?	1	
h) Does your doctor expect any complications with this pregnancy?	1	
i) Do you feel the need to bear down or move your bowels?	1	
j) Has your water broken? (dirty or clear)	1	
<b>Observe for crowning:</b>		
Visually examine perineum for bulging	1	
<b>Prepare to deliver infant:</b>		
Open O.B. kit	1	
Attempt to drape area and create a sterile field	1	
Put on sterile gloves	1	
<b>Deliver Infant:</b>		
Apply gentle pressure to infant's head:		
a) With one hand	1	
b) To prevent sudden expulsion	1	
Apply gentle downward pressure to the perineum:		
a) Using second hand	1	
b) To prevent tearing	1	
Check to see if cord is around infants neck: If present:		
a) Loosen cord with two fingers	1	
b) Slip over infants head	1	
c) If unable to move or loosen cord, clamp and cut the umbilical cord	1	
Using a bulb syringe, suction the infant's airway:		
a) Squeeze the bulb syringe prior to suctioning infant	1	
b) Suction mouth first	1	
c) Suction nose second	1	
Apply gentle downward pressure to head to release upper shoulder	1	
Apply gentle upward pressure on head to release lower shoulder	1	
Once delivered, hold infant with both hands with firm, but gentle grip	1	
Keep at level of birth canal until cord is clamped	1	
<b>Maintain an Open Airway:</b>		
Using bulb syringe, again suction baby's airway:		
a) Squeeze bulb syringe prior to suctioning infant	1	
b) Suction mouth first	1	
c) Suction nose second	1	
If not breathing:		
a) Rub infant's back briskly	1	
b) Flick bottom of infants feet	1	

**EMERGENCY CHILDBIRTH *continued***

Student Name \_\_\_\_\_ Date \_\_\_\_\_

	Points Possible	Points Earned
<b>EXAMINATION STEPS AND PROCEDURES</b>		
<b>Maintain Infant's Warmth:</b>		
Dry infant with towels	1	
Wrap infant in a blanket to keep warm	1	
<b>APGAR Score Assessment: (Appearance, Pulse, Grimace, Activity, and Respiration)</b>		
Perform APGAR score 1 minute and 5 minutes after birth	1	
<b>Cut Umbilical Cord:</b>		
Feel for cessation of umbilical pulse	1	
Place first clamp 6-8" from infant	1	
Place second clamp 1-2" from first clamp, towards mother	1	
Cut cord in between clamps, check that clamps are secure	1	
Hand infant to mother	1	
<b>Placenta Delivery:</b>		
Do not pull on cord to speed delivery of placenta	1	
Place placenta in plastic bag for transport to hospital	1	
Apply sanitary napkin to perineum	1	
<b>Control Post-Partum Bleeding:</b>		
Place in shock position	1	
Administer oxygen 10-15 L/min by non-rebreather mask	1	
Massage fundus gently (just below umbilicus)	1	
Instruct mother to breast feed infant	1	
<b>Transport:</b>		
Transport mother and baby to hospital for complete evaluation	1	
Document time of delivery of infant	1	
<b>TOTAL</b>	<b>51</b>	

**Minimum Points: 40**

**CRITICAL CRITERIA**

- \_\_\_\_\_ Did not take or verbalize body substance isolation precautions
- \_\_\_\_\_ Did not determine if birth is imminent
- \_\_\_\_\_ Did not immediately suction mouth prior to nose when head is delivered
- \_\_\_\_\_ Did not re-suction airway once infant is delivered
- \_\_\_\_\_ Did not properly clamp and cut the umbilical cord
- \_\_\_\_\_ Did not verbally state to assess APGAR scores
- \_\_\_\_\_ Did not state how control post-partum bleeding if necessary

\_\_\_\_\_ **PASS** \_\_\_\_\_ **FAIL**

Instructor \_\_\_\_\_