

**IMMOBILIZATION - KNEE AND LOWER LEG INJURIES**

Student Name \_\_\_\_\_ Date \_\_\_\_\_

	Points Possible	Points Earned
<b>EXAMINATION STEPS AND PROCEDURES</b>		
Takes or verbalizes body substance isolation precautions	1	
<b>Assess Neurovascular Status:</b>		
Check distal pulse, motor function, sensation, and capillary refill (PMSC)	1	
<b>Immobilize Injury:</b>		
Use rigid splint	1	
Pad splint	1	
Immobilize joint above and below injury	1	
Cut splint if necessary	1	
Apply securing material from outside edges of splint toward middle	1	
Compound fractures - dress injury prior to immobilizing	1	
<b>Reassess Neurovascular Status:</b>		
Re-check distal pulse, motor function, sensation, and capillary refill (PMSC)	1	
<b>Minimize Swelling:</b>		
Apply ice to injury	1	
<b>NOTE: Ankle injury:</b> immobilize ankle and the entire foot	1	
<b>TOTAL</b>	<b>11</b>	

*Minimum Points: 8*

**CRITICAL CRITERIA**

- \_\_\_\_\_ Did not take or verbalize body substance isolation precautions
- \_\_\_\_\_ Did not immobilize adjacent joints
- \_\_\_\_\_ Excessive movement to injured extremity
- \_\_\_\_\_ Did not assess and reassess distal PMSC when immobilizing extremity

\_\_\_\_\_ **PASS** \_\_\_\_\_ **FAIL**

Instructor \_\_\_\_\_