

VITAL SIGNS (ORTHOSTATIC)

Student Name _____ Date _____

	Points Possible	Points Earned
EXAMINATION STEPS AND PROCEDURES		
Takes or verbalizes body substance isolation precautions	1	
Verbalizes purpose of taking orthostatic vital signs: <ul style="list-style-type: none"> • To identify a potential volume (metabolic or hemorrhagic) loss in a medical patient 	1	
Verbalizes indications of when to obtain orthostatic vital signs: <ul style="list-style-type: none"> • Abdominal Pain, General Weakness, Syncope, Dizziness, Vaginal Bleeding, Suspected Ectopic Pregnancy, Rectal Bleeding, Excessive Vomiting and/or Diarrhea, Coffee Ground Emesis, or Black Tarry Stools • ** Student must verbalize at least 5 of the complaints mentioned above ** 	1 1 1 1 1	
Obtain an initial set of vital signs either from the supine or sitting position with legs dependent:	1	
<u>Method #1:</u> Move patient from supine position to sitting with legs dependent	1	
<u>Method 2:</u> Move patient from sitting position with legs dependent to standing		
When assisting patient to sit or stand, watch for dizziness or light headedness	1	
Wait one minute before obtaining an updated blood pressure and pulse	1	
Obtain an updated blood pressure and pulse	1	
Watch for changes that would indicate positive orthostatic vital signs <ul style="list-style-type: none"> • Blood pressure - decreases 20mm Hg or greater • Pulse - increases 20 beats/minute or greater • Patient becomes to dizzy or lightheaded to stand without assistance (Student must verbalize these changes to the instructor) 	1 1 1	
TOTAL	15	

Minimum Points: 12

CRITICAL CRITERIA

- _____ Did not take or verbalize body substance isolation precautions
- _____ Did not verbalize the purpose and indications for obtaining orthostatic vital signs
- _____ Did not obtain an initial set of vital signs
- _____ Did not properly position the patient prior to obtaining the second set of vital signs
- _____ Did not verbalize all the indications of positive orthostatic vital signs

_____ PASS _____ FAIL Instructor _____